2023/2024 ELITE DANCE SCHEDULE
Energy Division - Ages 10-12

MONDAY EVENING

STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E
			VP 4:30 - 5:15pm	
	SK 4:45 - 5:15pm		VP AGE 3	
GB 5:00 - 6:00pm	SK BLUE Pointe - Tech		VP Ballet & Creative Movement	
GB YELLOW	SK 5:15 - 5:45pm		VP 5:15 - 6:00pm	
GB Acro	SK PEACH Pointe - Tech	AS 5:30 - 6:30pm	VP AGE 6-7	
GB	SK 5:45 - 7:00pm	AS BLUE	VP Hip Hop (Mon)	
GB 6:00 - 6:45pm	SK PEACH	AS Jazz - Progressions	VP 6:00 - 6:45pm	SC 6:00 - 6:45pm
GB AGE 8-9	SK Ballet - Tech	AS	VP TEAL - Teen Comp	SC ORANGE & Age 8-9
GB Acro	SK	AS 6:30 - 7:30pm	VP Ballet - Tech & Choreo	SC Ballet - Tech
GB 6:45 - 7:30pm	SK	AS YELLOW	VP 6:45 - 7:45pm	SC 6:45 - 7:30pm
GB ORANGE/TEAL & 10 and Up	SK 7:00 - 7:30pm	AS Jazz - Progressions	VP BLUE	SC AGE 6-7
GB Acro	SK PEACH - CDC	AS	VP Ballet - Tech	SC Ballet
	SK 7:30 - 8:30pm	AS	VP & Stretch	SC 7:30 - 8:15pm
VP 7:45 - 8:45pm	SK YELLOW	AS 7:45 - 9:00pm		SC AGE 9-12
VP ORANGE/TEAL - Teen Comp	SK Ballet - Tech	AS PEACH		SC Ballet
VP Jazz - Barre & Ext	SK & Stretch	AS Jazz - Progressions		SC 8:15 - 9:15pm
VP		AS & Stretch		SC AGE 13 - 17
		AS		SC Ballet
				SC (Beginner/Intermediate Level)

TUESDAY EVENING

STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E
NH 4:30 - 5:15pm	SK 4:30 - 5:15pm	CM 4:30 - 5:15pm		
NH Age 6-7 & GREEN	SK PURPLE	CM RED	KD 4:45 - 5:30pm	K 4:45 - 5:30pm
NH Acro	SK Ballet - Tech	CM Tap - Progressions	KD AGE 4/5	K AGE 3/4
NH 5:15 - 6:00pm	SK 5:15 - 6:00pm	CM 5:15 - 6:00pm	KD Jazz/Hip Hop (Tues)	K Ballet/Jazz (Tues)
NH PURPLE	SK GREEN - Jr Competitive	CM RED	KD 5:30 - 6:15pm	K 5:30 - 6:15pm
NH Jazz - Progressions	SK Ballet - Tech	CM Jazz - Progressions	KD AGE 6-7	K AGE 4/5
GB 6:00 - 6:45pm	SK 6:00 - 7:00pm	CM 6:05 - 6:35pm	KD Hip Hop (Tues)	K Ballet/Jazz (Tues)
GB RED	SK BLUE	CM GRN/PURP TAP - Choreo	KD 6:15 - 7:00pm	NH 6:15 - 7:00pm
GB Acro	SK Ballet - Tech	CM	KD Age 10-12 - Class One	NH AGE 8-9
GB 6:45 - 7:30pm	SK	CM 6:45 - 7:30pm	KD Hip Hop	NH Jazz
GB PURPLE	SK 7:00 - 8:00pm	CM GREEN - Jr Competitive	KD 7:00 - 7:45pm	NH 7:00 - 7:45pm
GB Acro & Stretch	SK RED	CM Jazz - Progressions & Stretch	KD AGE 8-9	NH Age 10-12
GB 7:30 - 8:15pm	SK Ballet - Tech & Stretch	CM 7:30 - 8:00pm	KD Hip Hop	NH Contemporary
GB BLUE	SK	CM GRN/PURP Musical Th. - Choreo	KD 7:45 - 8:45pm	NH 7:45 - 8:30pm
GB Jazz Barre & Extensions			KD AGE 13-17	NH Age 10-12
GB 8:15 - 9:15pm		High Fitness	KD Hip Hop	NH Jazz
GB BLUE			KD	
GB Acro & Stretch				
GB				

WEDNESDAY EVENING

STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E
	SK 4:40 - 5:40pm		MK 4:45pm - 5:45pm	
GB 4:55 - 5:40pm	SK PEACH	KK 4:55 - 5:40pm	MK BLUE	A 5:00 - 5:45pm
GB AGE 4/5	SK Ballet - Tech	KK YELLOW	MK Tap - Progressions	A AGE 6-7
GB Jazz/Acro (Wed)	SK Early Class	KK Contemporary - Tech	MK	A Jazz
GB 5:40 - 6:40pm	SK 5:40 - 6:40pm	KK 5:40 - 6:40pm	MK 5:45 - 6:30pm	A 5:45 - 6:30pm
GB PEACH	SK YELLOW	KK PEACH	MK AGE 6-8	A BLUE
GB ACRO	SK Ballet - Tech	KK Contemporary - Tech	MK Musical Theatre	A Hip Hop - Choreo
GB Early Class	SK	KK Early Class	MK 6:30 - 7:15pm	SL 6:30 - 7:15pm
GB 6:45 - 7:45pm	SK 6:40 - 7:10pm	KK 6:45 - 7:45pm	MK TEAL	SL AGE 6-9
GB PEACH	SK YELLOW Pre Pointe	KK PEACH	MK Tap - Choreography	SL Tap
GB ACRO	SK 7:10 - 7:40pm	KK Contemporary - Tech	MK 7:15 - 8:15pm	SL 7:15 - 8:00pm
GB Late Class	SK BLUE - CDC	KK Late Class	MK YELLOW	SL Age 9-13
KK 7:45 - 8:45pm			MK Tap - Progressions	SL Musical Theatre
KK BLUE	SK 7:50 - 8:50pm		MK	SL 8:00 - 8:45pm
KK Contemporary - Tech	SK PEACH	MK 8:15 - 9:15pm		SL Age 10-12
KK & Stretch	SK Ballet - Tech	MK PEACH		SL Tap
	SK Late Class	MK Tap - Progressions		
		MK		

THURSDAY EVENING

STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E
	NH 4:30 - 5:00pm	CM 4:30 - 5:00pm		KH 4:30 - 5:15pm
A 4:45 - 5:30pm	NH GREEN/PURP Hip Hop - Choreo	CM RED Contemp - Choreo		KH AGE 3/4
A YELLOW		CM 5:00 - 5:45pm	NH 5:00 - 5:30pm	KH Ballet/Tap (Thurs)
A Jazz - Barre & Extensions	VP 5:10 - 5:55pm	CM PURPLE	NH RED Hip Hop - Choreo	KH 5:15 - 6:00pm
A 5:30 - 6:30pm	VP GREEN - Jr Competitive	CM Jazz - Barre & Extensions	NH 5:30 - 6:15pm	KH Age 4/5 - Tiny Comp
A PEACH	VP Ballet Tech & Choreo	CM	NH RED	KH Ballet/Jazz - Choreo
A Hip Hop - Choreography	VP 5:55 - 6:40pm	CM 5:55 - 6:25pm	NH Jazz - Barre & Extensions	KH 6:00 - 6:45pm
A	VP PURPLE	CM YELLOW - CDC & Stretch	NH 6:15 - 7:00pm	KH ORANGE - Pre-Teen Comp
A 6:30 - 7:15pm	VP Ballet - Tech	CM	NH GREEN - Jr Competitive	KH Contemporary - Choreo
A YELLOW	VP 6:45 - 7:45pm	CM 6:40 - 7:10pm	NH Jazz - Barre & Choreo	KH 6:45 - 7:30pm
A Hip Hop - Choreo	VP RED	CM PURP Contemp - Choreo	NH 7:00 - 7:45pm	KH AGE 8-9
A 7:15 - 8:00pm	VP Ballet - Tech	CM 7:10 - 7:55pm	NH ORANGE - Pre-Teen Comp	KH Contemporary
A PEACH	VP	CM TEAL - Teen Comp	NH Jazz - Prog. & Choreo	
A Jazz - Barre & Extensions	VP	CM Jazz - Prog. & Choreo	NH 7:45 - 8:30pm	
A 8:00 - 8:45pm	VP 8:00 - 9:00pm	KH 7:55 - 8:40pm	NH Age 10-12 - Class Two	
A ORANGE - Pre-Teen Comp	VP PEACH	KH TEAL - Teen Comp	NH Hip Hop	
A Hip Hop - Choreography	VP Ballet - Tech & Stretch	KH Contemporary - Choreo		
A 8:45 - 9:30pm	VP	KH 8:40 - 9:25pm		
A TEAL - Teen Comp	VP 9:00 - 9:30pm	KH AGE 13-17		
A Hip Hop - Choreography	VP PEACH Pointe - Choreo	KH Jazz/Contemporary		

FRIDAY - Studio A

GB 4:00 - 5:00pm	GB 5:00 - 6:00pm	GB 6:00 - 7:00pm
GB ACRO BOOSTER	GB ACRO BOOSTER	GB ACRO BOOSTER
GB 1	GB 2	GB 3

SATURDAY - Studio E

SK 9:10 - 9:55am	SK 10:00 - 10:45am	SK 10:45 - 11:30am	SK 11:30 - 12:15pm
SK Parent & Tot Sessional	SK AGE 3	SK AGE 4/5	SK Age 4/5
SK	SK Ballet/Tap/Jazz (Sat)	SK Ballet/Tap/Jazz (Sat)	SK Jazz/Hip Hop (Sat)