

2023/2024 ELITE DANCE SCHEDULE
Energy Division - Ages 4-5

MONDAY EVENING					TUESDAY EVENING				
STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E
	4:45 - 5:15pm BLUE Pointe - Tech		4:30 - 5:15pm AGE 3 Ballet & Creative Movement		4:30 - 5:15pm Age 6-7 & GREEN Acro	4:30 - 5:15pm PURPLE Ballet - Tech	4:30 - 5:15pm RED Tap - Progressions	4:45 - 5:30pm AGE 4/5 Jazz/Hip Hop (Tues)	4:45 - 5:30pm AGE 3/4 Ballet/Jazz (Tues)
5:00 - 6:00pm YELLOW Acro	5:15 - 5:45pm PEACH Pointe - Tech		5:15 - 6:00pm AGE 6-7 Hip Hop (Mon)		5:15 - 6:00pm PURPLE Jazz - Progressions	5:15 - 6:00pm GREEN - Jr Competitive Ballet - Tech	5:15 - 6:00pm RED Jazz - Progressions	5:30 - 6:15pm AGE 6-7 Hip Hop (Tues)	5:30 - 6:15pm AGE 4/5 Ballet/Jazz (Tues)
6:00 - 6:45pm AGE 8-9 Acro	5:45 - 7:00pm PEACH Ballet - Tech	5:30 - 6:30pm BLUE Jazz - Progressions	6:00 - 6:45pm TEAL - Teen Comp Ballet - Tech & Choreo	6:00 - 6:45pm ORANGE & Age 8-9 Ballet - Tech	6:00 - 6:45pm RED Acro	6:00 - 7:00pm BLUE Ballet - Tech	GRN/PURP TAP - Choreo	6:15 - 7:00pm Age 10-12 - Class One Hip Hop	6:15 - 7:00pm AGE 8-9 Jazz
6:45 - 7:30pm ORANGE/TEAL & 10 and Up Acro	7:00 - 7:30pm PEACH - CDC	6:30 - 7:30pm YELLOW Jazz - Progressions	6:45 - 7:45pm BLUE Ballet - Tech & Stretch	6:45 - 7:30pm AGE 6-7 Ballet	6:45 - 7:30pm PURPLE Acro & Stretch	7:00 - 8:00pm RED Ballet - Tech & Stretch	6:45 - 7:30pm GREEN - Jr Competitive Jazz - Progressions & Stretch	7:00 - 7:45pm AGE 8-9 Hip Hop	7:00 - 7:45pm Age 10-12 Contemporary
7:45 - 8:45pm ORANGE/TEAL - Teen Comp Jazz - Barre & Ext	7:30 - 8:30pm YELLOW Ballet - Tech & Stretch	7:45 - 9:00pm PEACH Jazz - Progressions & Stretch		7:30 - 8:15pm AGE 9-12 Ballet	7:30 - 8:15pm BLUE Jazz Barre & Extensions		7:30 - 8:00pm GRN/PURP Musical Th. - Choreo	7:45 - 8:45pm AGE 13-17 Hip Hop	7:45 - 8:30pm Age 10-12 Jazz
				8:15 - 9:15pm AGE 13 - 17 Ballet (Beginner/Intermediate Level)	8:15 - 9:15pm BLUE Acro & Stretch		High Fitness		
WEDNESDAY EVENING					THURSDAY EVENING				
STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E
4:55 - 5:40pm AGE 4/5 Jazz/Acro (Wed)	4:40 - 5:40pm PEACH Ballet - Tech Early Class	4:55 - 5:40pm YELLOW Contemporary - Tech	4:45pm - 5:45pm BLUE Tap - Progressions	5:00 - 5:45pm AGE 6-7 Jazz	4:45 - 5:30pm YELLOW Jazz - Barre & Extensions	GREEN/PURP Hip Hop - Choreo	4:30 - 5:00pm RED Contemp - Choreo	4:30 - 5:15pm AGE 3/4 Ballet/Tap (Thurs)	4:30 - 5:15pm AGE 3/4 Ballet/Tap (Thurs)
5:40 - 6:40pm PEACH ACRO Early Class	5:40 - 6:40pm YELLOW Ballet - Tech	5:40 - 6:40pm PEACH Contemporary - Tech Early Class	5:45 - 6:30pm AGE 6-8 Musical Theatre	5:45 - 6:30pm BLUE Hip Hop - Choreo	5:30 - 6:30pm PEACH Hip Hop - Choreography	5:10 - 5:55pm GREEN - Jr Competitive Ballet Tech & Choreo	5:00 - 5:45pm PURPLE Jazz - Barre & Extensions	5:00 - 5:30pm RED Hip Hop - Choreo	5:15 - 6:00pm Age 4/5 - Tiny Comp Ballet/Jazz - Choreo
6:45 - 7:45pm PEACH ACRO Late Class	6:40 - 7:10pm YELLOW Pre Pointe 7:10 - 7:40pm BLUE - CDC	6:45 - 7:45pm PEACH Contemporary - Tech Late Class	6:30 - 7:15pm TEAL Tap - Choreography	6:30 - 7:15pm AGE 6-9 Tap	6:30 - 7:15pm YELLOW Hip Hop - Choreo	5:55 - 6:40pm PURPLE Ballet - Tech	5:55 - 6:25pm YELLOW - CDC & Stretch	5:30 - 6:15pm RED Jazz - Barre & Extensions	6:00 - 6:45pm ORANGE - Pre-Teen Comp Contemporary - Choreo
7:45 - 8:45pm BLUE Contemporary - Tech & Stretch	7:50 - 8:50pm PEACH Ballet - Tech Late Class	8:15 - 9:15pm PEACH Tap - Progressions	7:15 - 8:15pm YELLOW Tap - Progressions	7:15 - 8:00pm Age 9-13 Musical Theatre	7:15 - 8:00pm PEACH Jazz - Barre & Extensions	6:45 - 7:45pm RED Ballet - Tech	6:40 - 7:10pm PURP Contemp - Choreo	6:15 - 7:00pm GREEN - Jr Competitive Jazz - Barre & Choreo	6:45 - 7:30pm AGE 8-9 Contemporary
				8:00 - 8:45pm Age 10-12 Tap	8:00 - 8:45pm ORANGE - Pre-Teen Comp Hip Hop - Choreography	8:00 - 9:00pm PEACH Ballet - Tech & Stretch	7:10 - 7:55pm TEAL - Teen Comp Jazz - Prog. & Choreo	7:00 - 7:45pm ORANGE - Pre-Teen Comp Jazz - Prog. & Choreo	7:45 - 8:30pm Age 10-12 - Class Two Hip Hop
					8:45 - 9:30pm TEAL - Teen Comp Hip Hop - Choreography	9:00 - 9:30pm PEACH Pointe - Choreo	8:40 - 9:25pm AGE 13-17 Jazz/Contemporary		
FRIDAY - Studio A					SATURDAY - Studio E				
4:00 - 5:00pm ACRO BOOSTER 1	5:00 - 6:00pm ACRO BOOSTER 2	6:00 - 7:00pm ACRO BOOSTER 3			9:10 - 9:55am Parent & Tot Sessional	10:00 - 10:45am AGE 3 Ballet/Tap/Jazz (Sat)	10:45 - 11:30am AGE 4/5 Ballet/Tap/Jazz (Sat)	11:30 - 12:15pm Age 4/5 Jazz/Hip Hop (Sat)	