



Sarah began dancing at Elite Dance Academy at the age of 4, with Miss Candice as her very first dance teacher. She continued dancing recreationally until the age of 10 when she joined the Elite competitive team.

Sarah competed in Jazz, Tap, Ballet, and Lyrical up until she graduated high school, in addition to completing her Intermediate Ballet Examination with the ISTD. Teaching in the little stars division was a natural step for Sarah and quickly became something she was passionate about.

She is also currently working as a Registered Nurse in internal medicine and as a cosmetic nurse. Sarah is honoured and thrilled to continue her teaching journey at Elite, a place that has felt like home for years, alongside such inspirational women that have shaped her into the person she is today.

