## **DANCE ATTIRE INFORMATION 2024/2025**

## **ENERGY DIVISION**

You can purchase tights at Elite Dance Academy! We also carry a small selection of bodysuits and tutus – simply send us an email to place an order for pick up or to set up a time to come by.

For other dance attire we recommend going to one of the following stores:

- Bodythings (located by Marshalls on MacLeod Trail)
- <u>City Dancewear</u> (located on Centre Street by the Glenmore Trail East exit

## **ENERGY DIVISION - DANCE ATTIRE INFORMATION 2024/2025**

ACCETPABLE	CLASS	<u>ACCEPTABLE</u>	<u>SHOES</u>
<u>HAIR</u>	<b>STYLES</b>	<u>ATTIRE</u>	
	Combo - Ballet/Jazz	<ul> <li>- Any colour bodysuit &amp; ballet pink or skin tone tights OR ankle socks</li> <li>- Any dance top &amp; shorts/leggings</li> <li>- Ballet skirt (optional)</li> <li>- Small tutus are acceptable</li> </ul>	- Canvas pink Ballet slippers with elastics (Leather slippers are also acceptable but less comfortable)
- Ponytail	Combo -	- Any colour bodysuit & ballet pink or skin tone tights OR ankle socks	- Canvas pink Ballet slippers with elastics
- Bun	Ballet/Tap	<ul><li>- Any dance top &amp; shorts/leggings</li><li>- Ballet skirt (optional)</li></ul>	(Leather slippers are also acceptable but less comfortable)
- Pigtails		- Small tutus are acceptable	- Capezio Tap Shoes #3800 or #625 in caramel
- French/Dutch		- Any colour bodysuit & ballet pink or skin tone	- Canvas pink Ballet slippers with
Braids	Combo -	tights OR ankle socks	elastics
	Ballet/Tap/Jazz	- Any dance top & shorts/leggings	(Leather slippers are also
- Headband or		- Ballet skirt (optional)	acceptable but less comfortable)
clips for shorter hair		- Small tutus are acceptable	- Capezio Tap Shoes #3800 or #625 in caramel
	Combo - Jazz/Acro OR Musical Theatre/Jazz	<ul> <li>Any colour bodysuit</li> <li>Ballet pink or skin tone FOOTLESS OR STIRRUP OR CONVERTIBLE tights OR ankle socks</li> <li>Any dance top &amp; shorts/leggings</li> </ul>	- Bare feet
	Combo - Jazz/Hip Hop	<ul> <li>Any colour bodysuit</li> <li>Ballet pink or skin tone FOOTLESS OR STIRRUP OR CONVERTIBLE tights OR ankle socks</li> <li>Any dance top &amp; shorts/leggings</li> </ul>	- Bare feet for Jazz - CLEAN indoor running shoes for Hip Hop (preferably velcro)

ACCETPABLE HAIR	CLASS STYLES	ACCEPTABLE  ATTIRE	SHOES
	Ballet	- Any colour bodysuit - Ballet pink or skin tone tights - Optional Ballet skirt	- Canvas pink Ballet slippers with elastics (Leather slippers are also acceptable but less comfortable)
<ul><li>- Ponytail</li><li>- Bun</li><li>- Pigtails</li></ul>	Tap ages 6 & up	<ul> <li>Any colour dance top or bodysuit</li> <li>Any colour dance shorts or capri pants (no long pants unless they are tight at the bottom)</li> <li>Optional FOOTLESS OR STIRRUP OR CONVERTIBLE skin tone tights</li> </ul>	- Black Tap Shoes – Any style is acceptable but we would prefer dancers to be in the lace up style of shoe.
- French/Dutch Braids  - Headband or clips for shorter hair	Jazz, Contemporary & Musical Theatre	<ul> <li>Any colour dance top or bodysuit</li> <li>Any colour dance shorts or capri pants (no long pants unless they are tight at the bottom)</li> <li>Optional FOOTLESS OR STIRRUP OR CONVERTIBLE skin tone tights</li> </ul>	- Bare Feet
	Нір Нор	<ul> <li>Any colour dance top or bodysuit</li> <li>Any colour dance shorts, leggings, sweat pants or cargo pants</li> <li>Sweatshirts &amp; baggy t-shirts are acceptable</li> </ul>	- CLEAN indoor running shoes for Hip Hop
	Acro	<ul> <li>Any colour dance top or bodysuit</li> <li>Any colour dance shorts or capri pants (no long pants unless they are tight at the bottom)</li> <li>Optional FOOTLESS OR STIRRUP OR CONVERTIBLE skin tone tights</li> </ul>	- Bare Feet
	Boys	- T-shirt with shorts or pants (all styles)	- Ballet – BLACK canvas slippers - All other styles same as listed