

# 2024/2025 ELITE DANCE SCHEDULE

## Energy Division - Age 10-12

| MONDAY EVENING   |   |   |  |  | TUESDAY EVENING  |  |   |   |   |
|--|---|---|--|--|--|--|---|---|---|
| STUDIO A   | STUDIO B  | STUDIO C  | STUDIO D   | STUDIO E   | STUDIO A   | STUDIO B   | STUDIO C  | STUDIO D  | STUDIO E  |
|  |   | KH 4:30 - 5:15pm<br>KH AGE 4/5<br>KH Ballet/Tap                             |  | K 4:30 - 5:15pm<br>K AGE 6-7<br>K Ballet   |  | KOS 4:30 - 5:15pm<br>KOS ORANGE (10-12)<br>AS 4:40 - 5:40pm<br>AS Acro<br>GB Class 1 | LH 4:30 - 5:00pm<br>LH TAP - C<br>LH GREEN/PINK<br>LH 5:00 - 5:45pm<br>LH GREEN (7-9)<br>LH ORANGE (10-12)<br>LH Jazz     | SK 4:30 - 5:00pm<br>SK AGE 3 - Ballet<br>SK 5:00 - 5:45pm<br>SK PINK (6-7)<br>SK 5:45 - 6:45pm<br>SK RED<br>SK Ballet | NH 4:30 - 5:15pm<br>NH MAROON (4-5)<br>NH Ballet/Jazz - C<br>KOS 5:15 - 6:00pm<br>KOS PURPLE<br>KOS Ballet AC 3<br>NH 6:00 - 6:45pm<br>NH PURPLE<br>NH Hip Hop - C<br>SK 6:45 - 7:30pm<br>SK AGE 8-9<br>SK Hip Hop<br>LH 7:35 - 8:15pm<br>LH AGE 10-14<br>LH Tap<br>LH 8:15 - 9:00pm<br>LH Age 10-12<br>LH Jazz |
| VP 5:00 - 5:45pm<br>VP YELLOW<br>VP Ballet             | SK 5:00 - 6:00pm<br>SK PURPLE<br>SK Ballet                                    | K 5:15 - 6:00pm<br>K AGE 4/5<br>K Jazz/Hip Hop                              | MK 5:15 - 6:15pm<br>MK BLUE<br>MK Tap                | KH 5:30 - 6:30pm<br>KH GREY<br>K 6:00 - 6:45pm<br>K AGE 8-9<br>K Jazz<br>K 6:45 - 7:45pm<br>K TEAL<br>K Contemporary - C<br>K 7:45 - 8:45pm<br>K AGE 13-17<br>K Jazz | GB 6:55 - 7:55pm<br>GB Acro<br>GB Class 3                | KOS 6:55 - 7:55pm<br>KOS BLUE<br>KOS Ballet  | LH 6:05 - 6:50pm<br>LH ORANGE & 9-12<br>LH Acro<br>LH GREEN (7-9)<br>LH Acro<br>SK 7:30 - 8:30pm<br>SK PEACH<br>SK Ballet | SK 6:05 - 6:50pm<br>SK AGE 8-9<br>SK Hip Hop<br>AS 7:30 - 8:15pm<br>AS ORANGE (10-12)<br>AS Hip Hop - C               | SK 6:00 - 6:45pm<br>SK PURPLE<br>SK Hip Hop AC 1<br>LH 7:35 - 8:15pm<br>LH AGE 10-14<br>LH Tap<br>LH 8:15 - 9:00pm<br>LH Age 10-12<br>LH Jazz   |
| VP 5:45 - 6:30pm<br>VP Age 10-12<br>VP Lyrical/Contemp | SK 6:00 - 6:30pm<br>SK Pointe   | KH 6:30 - 7:00pm<br>KH Grey Jazz<br>KH Continued                            | MK 6:15 - 7:15pm<br>MK PEACH<br>MK Tap               | KH 7:15 - 8:15pm<br>KH YELLLOW<br>KH Tap   |  |  |   |   |   |
| VP 6:30 - 7:30pm<br>VP BLUE<br>VP Ballet               | SK 6:30 - 7:00pm<br>SK Flex & Fun<br>SK 7:00 - 8:00pm<br>SK GREY<br>SK Ballet | KH 6:30 - 7:30pm<br>KH PURPLE<br>KH Jazz                                    | MK 7:15 - 8:15pm<br>MK YELLLOW<br>MK Tap             | KH 7:30 - 8:30pm<br>KH Flex & Fun<br>KH Teal<br>KH Jazz  |  |  |   |   |   |
| VP 7:30 - 8:30pm<br>VP PEACH<br>VP Ballet              | SK 7:00 - 8:00pm<br>SK Flex & Fun<br>SK 8:00 - 8:30pm<br>SK Flex & Fun        | KH 7:30 - 8:00pm<br>KH Flex & Fun<br>KH 8:00 - 9:00pm<br>KH Teal<br>KH Jazz | MK 8:15 - 9:15pm<br>MK Inter/Adv<br>MK Tap Drop In   | KH 8:00 - 9:00pm<br>KH Jazz  |  |  |   |   |   |
| VP 8:30 - 9:00pm<br>VP Pre-Pointe                      | SK 8:30 - 9:00pm<br>SK Pointe   | KH 8:00 - 9:00pm<br>KH Teal<br>KH Jazz                                      | MK 8:15 - 9:15pm<br>MK Inter/Adv<br>MK Tap Drop In   | KH 8:00 - 9:00pm<br>KH Jazz  |  |  |   |   |   |
|  |   |   |  |  |  |  |   |   |   |
| WEDNESDAY EVENING                                      |   |   |  |  | THURSDAY EVENING   |  |   |   |   |
| STUDIO A   | STUDIO B  | STUDIO C  | STUDIO D   | STUDIO E   | STUDIO A   | STUDIO B   | STUDIO C  | STUDIO D  | STUDIO E  |
| AS 4:30 - 5:15pm<br>AS AGE 6-7<br>AS Jazz/Acro         | JG 4:45 - 5:30pm<br>JG Age 8-12   | KK 4:45 - 5:30pm<br>KK YELLOW<br>KK Contemporary                            | MH 4:30 - 5:15pm<br>MH PURPLE<br>MH Jazz             | KD 4:45 - 5:30pm<br>KD AGE 4/5<br>KD Jazz/Acro   | GB 4:35 - 5:35pm<br>GB RED<br>GB Jazz                    | JG 4:30 - 5:15pm<br>JG ORANGE (10-12)<br>JG Lyrical - C                              | NH 4:30 - 5:15pm<br>NH GREEN (7-9)<br>NH Jazz - C   | CH 4:45 - 5:30pm<br>CH YELLOW<br>CH Hip Hop - C   | VP 4:30 - 5:15pm<br>VP PINK (6-7)<br>VP Ballet - C  |
| AS 5:15 - 6:15pm<br>AS BLUE<br>AS Jazz                 | JG 5:30 - 6:30pm<br>JG Musical Theatre<br>JG Ballet                           | KK 5:30 - 6:15pm<br>KK PURPLE<br>KK Lyrical - C                             | MH 5:15 - 6:10pm<br>MH RED<br>MH Jazz                | KD 5:30 - 6:15pm<br>KD AGE 6-7<br>KD Hip Hop   | GB 5:35 - 6:35pm<br>GB PEACH<br>GB Jazz                  | JG 5:15 - 6:25pm<br>JG PEACH<br>JG with Pointe                                       | NH 5:15 - 6:00pm<br>NH PINK (6-7)<br>NH Jazz - C  | CH 5:40 - 6:25pm<br>CH RED<br>CH Hip Hop - C  | VP 5:15 - 6:00pm<br>VP ORANGE (10-12)<br>VP Ballet - C<br>VP 6:00 - 6:45pm<br>VP GREEN (7-9)<br>VP Ballet - C   |
| AS 6:15 - 7:00pm<br>AS TEAL<br>AS Jazz - C             | JG 6:30 - 7:30pm<br>JG BLUE<br>JG Ballet                                      | KK 6:15 - 7:00pm<br>KK RED<br>KK Lyrical - C                                | MH 6:10 - 6:55pm<br>MH GREY<br>MH Jazz               | CM 6:20 - 7:00pm<br>CM PURPLE<br>CM Tap  | GB 6:35 - 7:35pm<br>GB Acro<br>GB Class 4                | JG 6:30 - 7:30pm<br>JG RED<br>JG Ballet  | NH 6:05 - 6:50pm<br>NH ORANGE (10-12)<br>NH Jazz - C  | CH 6:35 - 7:30pm<br>CH PEACH<br>CH Hip Hop - C  | VP 6:00 - 6:45pm<br>VP GREEN (7-9)<br>VP Ballet - C<br>VP 6:45 - 7:30pm<br>VP AGE 8-9<br>VP Lyrical/Jazz  |
| MH 7:00 - 8:00pm<br>MH YELLLOW<br>MH Jazz              | JG 7:30 - 7:55pm<br>JG Pointe   | KK 7:00 - 8:00pm<br>KK PEACH<br>KK Contemporary                             | SC 7:00 - 7:45pm<br>SC GREY<br>SC Ballet             | CM 7:05 - 7:45pm<br>CM RED<br>CM Tap   | GB 7:35 - 8:30pm<br>GB PEACH<br>GB Technique Integration | CH 7:35 - 8:30pm<br>CH BLUE/GREY<br>CH Hip Hop - C                                   | NH 7:30 - 8:15pm<br>NH AGE 10-12<br>NH Acro   | CH 7:40 - 8:40pm<br>CH YELLLOW<br>CH Ballet   | VP 7:30 - 8:00pm<br>VP Flex & Fun<br>VP 8:00 - 9:00pm<br>VP AGE 13-17<br>VP Lyrical/Contemp   |
| MH 8:00 - 9:00pm<br>MH PEACH<br>MH Jazz                | SK 8:00 - 9:00pm<br>SK Adult Ballet<br>SK Sessional                           | KK 8:00 - 9:00pm<br>KK GREY/BLUE<br>KK Contemporary                         | SC 8:30 - 9:30pm<br>SC AGE 10-14<br>SC Ballet        | KD 8:30 - 9:15pm<br>KD Hip Hop - C<br>KD AGE 13-17<br>KD Hip Hop   | GB 8:30 - 9:30pm<br>GB Acro<br>GB Class 5                | CH 8:30 - 9:30pm<br>CH Adult Hip Hop<br>CH Sessional                                 | NH 8:15 - 9:00pm<br>NH AGE 10-12<br>NH Hip Hop  |   |   |
|  | KK 9:00 - 9:30pm<br>MH Flex & Fun   | KK 9:00 - 9:30pm<br>MH Flex & Fun   | SC 9:00 - 9:30pm<br>SC Ballet                        | KD 9:00 - 9:30pm<br>KD Hip Hop   |  |  |   |   |   |
| FRIDAY - Studio A                                      |   |   |  |  | SATURDAY - Studio E                                      |  |   |   |   |
|  | NH 4:45 - 5:30pm<br>NH Age 3-5<br>NH Jazz/Acro (Fri)                          | NH 5:30 - 6:15pm<br>NH AGE 6-7<br>NH Jazz/Acro (Fri)                        | NH 6:15 - 7:00pm<br>NH AGE 8-9<br>NH Jazz/Acro (Fri) |  | JG 9:00 - 9:45am<br>JG Parent & Tot<br>JG Sessional      | JG 9:50 - 10:30am<br>JG AGE 3<br>JG Ballet/Tap/Jazz (Sat)                            | JG 10:30 - 11:15am<br>JG Age 4/5<br>JG Ballet/Tap/Jazz (Sat)  |   |   |
| SUNDAY - Glenmore Gymnastics                           |   |   |  |  | WEDNESDAY DAYTIME - Studio E                             |  |   |   |   |
|  |   | 3:30 - 4:30pm<br>Booster 1  | 4:30 - 5:30pm<br>Booster 2                           | 5:30 - 7:00pm<br>Booster 3   |  |  | KH 9:30 - 10:15am<br>KH Parent & Tot  | KH 10:15 - 11:00am<br>KH AGE 4/5<br>KH Intro to Dance   |   |