

Gretta's dance training took its leap at age 13 after she joined the Alberta Ballet School and its travel company, YYC Dance Project. During this time, Gretta travelled internationally to various conventions and intensives. Some intensives include Stacey Tookey's invite-only contemporary program, Camp Protege, as well as The Aria Intensive run by Zeitgeist Dance Theatre's Co-director, Francisco Gella. Gretta wrapped up her years of competitive dance after being named a Beat Squad Member in 2019, a title given to the top convention competitors in North America, for winning numerous 1st overalls and audition scholarships at U.S conventions.

Before beginning her journey as a teacher, Gretta was selected to tour as a choreographer's assistant with Revel Dance Convention. After this inspiring experience, Gretta knew that she wanted to become just like the incredible instructors she had assisted. Since then, she has learned the ins and outs of Acro teaching. Most recently, Gretta has completed the Module 3 certification with Acrobatic Arts and the Module 3 certification with Alixa Flexibility.

Aside from teaching, Gretta has recently completed her Honours BSc in Psychology at the University of Calgary. In her spare time, Gretta loves to volunteer as a crisis responder with the Kids Help Phone and the Distress Center. She also is a cheerleader with the Roughnecks Drill Crew!

