

ENERGY DIVISION

You can purchase tights at Elite Dance Academy! We also carry a small selection of bodysuits and tutus – simply send us an email to place an order for pick up or to set up a time to come by.

For other dance attire we recommend going to one of the following stores:

- Bodythings (located by Marshalls on MacLeod Trail)
- City Dancewear (located on Centre Street by the Glenmore Trail East exit)

ENERGY DIVISION - DANCE ATTIRE INFORMATION 2025/2026

| <u>ACCETPABLE HAIR</u> | <u>CLASS STYLES</u> | <u>ACCEPTABLE ATTIRE</u> | <u>SHOES</u> |
|--|-------------------------|--|--|
| <ul style="list-style-type: none"> - Ponytail - Bun - Pigtails - French/Dutch Braids - Headband or clips for shorter hair | Combo - Ballet/Jazz | <ul style="list-style-type: none"> - Any colour bodysuit & ballet pink or skin tone tights OR ankle socks - Any dance top & shorts/leggings - Ballet skirt (optional) - Small tutus are acceptable | <ul style="list-style-type: none"> - Canvas pink Ballet slippers with elastics (Leather slippers are also acceptable but less comfortable) |
| | Combo - Ballet/Tap | <ul style="list-style-type: none"> - Any colour bodysuit & ballet pink or skin tone tights OR ankle socks - Any dance top & shorts/leggings - Ballet skirt (optional) - Small tutus are acceptable | <ul style="list-style-type: none"> - Canvas pink Ballet slippers with elastics (Leather slippers are also acceptable but less comfortable) - Capezio Tap Shoes #3800 or #625 in caramel |
| | Combo - Ballet/Tap/Jazz | <ul style="list-style-type: none"> - Any colour bodysuit & ballet pink or skin tone tights OR ankle socks - Any dance top & shorts/leggings - Ballet skirt (optional) - Small tutus are acceptable | <ul style="list-style-type: none"> - Canvas pink Ballet slippers with elastics (Leather slippers are also acceptable but less comfortable) - Capezio Tap Shoes #3800 or #625 in caramel |
| | Combo - Jazz/Acro | <ul style="list-style-type: none"> - Any colour bodysuit - Ballet pink or skin tone FOOTLESS OR STIRRUP OR CONVERTIBLE tights OR ankle socks - Any dance top & shorts/leggings | <ul style="list-style-type: none"> - Bare feet |
| | Combo - Jazz/Hip Hop | <ul style="list-style-type: none"> - Any colour bodysuit - Ballet pink or skin tone FOOTLESS OR STIRRUP OR CONVERTIBLE tights OR ankle socks - Any dance top & shorts/leggings | <ul style="list-style-type: none"> - Bare feet for Jazz - CLEAN indoor running shoes for Hip Hop (preferably velcro) |

| <u>ACCETPABLE HAIR</u> | <u>CLASS STYLES</u> | <u>ACCEPTABLE ATTIRE</u> | <u>SHOES</u> |
|--|--------------------------------------|---|--|
| <ul style="list-style-type: none"> - Ponytail - Bun - Pigtails - French/Dutch Braids - Headband or clips for shorter hair | Ballet | <ul style="list-style-type: none"> - Any colour bodysuit - Ballet pink or skin tone tights - Optional Ballet skirt | <ul style="list-style-type: none"> - Canvas pink Ballet slippers with elastics (Leather slippers are also acceptable but less comfortable) |
| | Tap ages 6 & up | <ul style="list-style-type: none"> - Any colour dance top or bodysuit - Any colour dance shorts or capri pants (no long pants unless they are tight at the bottom) -Optional FOOTLESS OR STIRRUP OR CONVERTIBLE skin tone tights | <ul style="list-style-type: none"> - Black Tap Shoes – Any style is acceptable but we would prefer dancers to be in the lace up style of shoe. |
| | Jazz, Contemporary & Musical Theatre | <ul style="list-style-type: none"> - Any colour dance top or bodysuit - Any colour dance shorts or capri pants (no long pants unless they are tight at the bottom) -Optional FOOTLESS OR STIRRUP OR CONVERTIBLE skin tone tights | <ul style="list-style-type: none"> - Beige Foot Undeez, Foot Paw style or Marvel style of shoe (note these are all half shoes that only cover the ball of the foot) |
| | Hip Hop | <ul style="list-style-type: none"> - Any colour dance top or bodysuit - Any colour dance shorts, leggings, sweat pants or cargo pants - Sweatshirts & baggy t-shirts are acceptable | <ul style="list-style-type: none"> - CLEAN indoor running shoes for Hip Hop |
| | Acro | <ul style="list-style-type: none"> - Any colour dance top or bodysuit - Any colour dance shorts or capri pants (no long pants unless they are tight at the bottom) -Optional FOOTLESS OR STIRRUP OR CONVERTIBLE skin tone tights | <ul style="list-style-type: none"> - Bare feet |
| | Boys | <ul style="list-style-type: none"> - T-shirt with shorts or pants (all styles) | <ul style="list-style-type: none"> - Ballet – BLACK canvas slippers - All other styles same as listed |

Bun Bento Box Order Link:

<https://forms.gle/rRDQGvAP3bZ9uXZEA>